
BE THE BEE

SESSION #30

Uniting With God and Neighbor

LEARNING TO BE THE BEE AND LIVE ORTHODOXY



BE THE BEE #30

A True Human Being

Goal:

Learn to find our true selves in Christ.

Objective:

Identify one way to become a true human
in your daily life.

Estimated Duration:

60 minutes

LEARNING SESSION

Be the Bee #30 **A True Human Being**

OPENING PRAYER

In the name of the Father, the Son, and the Holy Spirit. Lord, help us to “be the bee” and “have a positive way of thinking, seeing only the good side of things.” Show us “where to find flowers, sweets, honey and sugar, and to only know the good things in life and become ignorant to all evil.” Grant us faith, courage and love, through the prayers of Saint Paisios and of all the Saints. Amen.

ICEBREAKER

6 minutes

Who is your favorite human? What makes them your favorite?

VIDEO

5 minutes

Be the Bee #30 | A True Human Being

<https://youtu.be/MG8RFd6m2Fc>

DEBRIEF

10 minutes

Ask students the following questions and help facilitate a discussion:

- ❖ What did you see and hear in the video?
- ❖ What is one lesson you can take away from the video?

TEACHING

7 minutes

Ask students the following questions and help facilitate a discussion:

- ❖ What does it mean to be a true human being?
- ❖ What does that look like?
- ❖ What is the connection with humanity and grapes?

REFLECTION

10 minutes

Ask students the following question and help facilitate a discussion:

- ❖ What does it mean to be “truly yourself”? Who are you when no one is watching or you are alone?

READING AND APPLICATION

7 minutes

Read the following story to students:

God Becomes Human to Show Us the Way

<https://www.goarch.org/-/god-becomes-human-to-show-us-the-way?inheritRedirect=true>

Ask students the following questions and help facilitate a discussion:

- ❖ What did you hear in the story? What spoke to you?
- ❖ How did Christ become fully human?
- ❖ How can we become fully human through His example?

SCRIPTURE READING AND APPLICATION

10 minutes

Read the following verses to students:

"Then God said, "Let Us make man in Our image, according to Our likeness; and let them rule over the fish of the sea and over the birds of the sky and over the cattle and over all the earth, and over every creeping thing that creeps on the earth." God created man in His own image, in the image of God He created him; male and female He created them."

- Genesis 1:26-27

"He is the image of the invisible God, the first-born of all creation; for in him all things were created, in heaven and on earth, visible and invisible, whether thrones or dominions or principalities or authorities—all things were created through him and for him. He is before all things, and in him all things hold together. He is the head of the body, the church; he is the beginning, the first-born from the dead, that in everything he might be pre-eminent. For in Him all the fulness of God was pleased to dwell, and through him to reconcile to Himself all things, whether on earth or in heaven, making peace by the blood of His Cross."

- Colossians 1: 15-20

Ask students the following questions and help facilitate a discussion:

- ❖ How were we as humans created?
- ❖ How was Christ created?
- ❖ What is this special connection between God, Jesus and us?

Teaching: (reflect on this rather than read it directly to participants)

To be a true human being means to be like Christ. That means imitating Christ in His actions, words, and deeds. It also means to try to love the way God loves. We have the capacity to do this because, like Christ, we are each created in the image and likeness of God; a good and loving God. Christ is the image of God, so even though there is much we do not know about God, we can learn how to be like God through His Son. Just like the grapes, we need to connect ourselves to the vine (Christ). In Christ, we have the perfect example of how to be fully human.

CONCLUSION

5 minutes

Go around the room and ask each student to answer the following question:

- ❖ What is one way to become more human in your daily life through what you learned in the session?

CLOSING PRAYER

In the name of the Father, the Son, and the Holy Spirit. Lord, help us to learn to find You in others. Help us to not to judge, but rather to look at our own faults and heal from them. Help us to love each person we come into contact with, as You love us.

Amen.