
BE THE BEE

SESSION #29

Uniting With God and Neighbor

LEARNING TO BE THE BEE AND LIVE ORTHODOXY



BE THE BEE #29

The Beauty of the Cross

Goal:

Learn the meaning of the Holy Cross.

Objective:

Identify one way to find goodness in your daily life.

Estimated Duration:

60 minutes

LEARNING SESSION

Be the Bee #29 **The Beauty of the Cross**

OPENING PRAYER

In the name of the Father, the Son, and the Holy Spirit. Lord, help us to “be the bee” and “have a positive way of thinking, seeing only the good side of things.” Show us “where to find flowers, sweets, honey and sugar, and to only know the good things in life and become ignorant to all evil.” Grant us faith, courage and love, through the prayers of Saint Paisios and of all the Saints. Amen.

ICEBREAKER

6 minutes

What do you think of when you see a cross?

VIDEO

5 minutes

Be the Bee #28 | The Beauty of the Cross

<https://youtu.be/K1RUgfgl33M>

DEBRIEF

10 minutes

Ask students the following questions and help facilitate a discussion:

- ❖ What did you see and hear in the video?
- ❖ What is one lesson you can take away from the video?

TEACHING

7 minutes

Ask students the following questions and help facilitate a discussion:

- ❖ What was the Cross used as by the Romans?
- ❖ How did Christ's death change that?
- ❖ How is the cross an good example of, "Being the Bee"?

REFLECTION

10 minutes

Ask students the following question and help facilitate a discussion:

- ❖ What does the Cross mean to you? Through Christ's Cross, death turns to life. Can you think of a time where this happened in your own life?

READING AND APPLICATION

7 minutes

Read the following story to students:

One Solitary Life

<http://www.inspirationalarchive.com/628/one-solitary-life/#ixzz4TPyFK5c9>

Ask students the following questions and help facilitate a discussion:

- ❖ What did you hear in the story? What spoke to you?
- ❖ Who did you think the man could be when you first heard him described in the story?
- ❖ Did this story make Christ more of a real figure in your mind?
- ❖ Being God, you would think Christ's life was perfect on earth. How does His life compare to how we live?

SCRIPTURE READING AND APPLICATION

10 minutes

Read the following verses to students:

“For the message of the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written: “I will destroy the wisdom of the wise, And bring to nothing the understanding of the prudent. (Isaiah 29:14) “Where is the wise? Where is the scribe? Where is the disputer of this age? Has not God made foolish the wisdom of this world? For since, in the wisdom of God, the world through wisdom did not know God, it pleased God through the foolishness of the message preached to save those who believe. For Jews request a sign, and Greeks seek after wisdom; but we preach Christ crucified, to the Jews a stumbling block and to the Greeks foolishness, but to those who are called, both Jews and Greeks, Christ the power of God and the wisdom of God.”

- 1 Corinthians 1:18-24

Ask students the following questions and help facilitate a discussion:

- ❖ What is the message of the Cross?
- ❖ How can the power of God be found in the Cross?

Teaching: (reflect on this rather than read it directly to participants)

Crosses were used as weapons to scare and kill people. Through Christ's death, He has changed the meaning of crosses and transformed it into something that brings life and joy. We are now able to look at a cross and remember, that through christ's Cross, we have eternal life. This is how Christ works in our lives. When we put our faith in God, a loving trust in Him, He changes our pain and suffering into joy. To those who do not believe in God, it sounds like something that could never be real. When we take a moment to pause and reflect on how God works in our lives, it is clear to see this transformation.

CONCLUSION

5 minutes

Go around the room and ask each student to answer the following question:

- ❖ What is one way to find goodness in your daily life through what you learned in the session?

CLOSING PRAYER

In the name of the Father, the Son, and the Holy Spirit. Lord, help us to remember Your Cross in our times of struggle. Help us to have faith in You and remember that through the Cross, comes joy. Allow us to share this joy with others.

Amen.