
BE THE BEE

SESSION #28

Uniting With God and Neighbor

LEARNING TO BE THE BEE AND LIVE ORTHODOXY



BE THE BEE #28

Time to Repent

Goal:

Learn to get back up after you fall.

Objective:

Identify one way to repent.

Estimated Duration:

60 minutes

LEARNING SESSION

Be the Bee #28 **Time to Repent**

OPENING PRAYER

In the name of the Father, the Son, and the Holy Spirit. Lord, help us to “be the bee” and “have a positive way of thinking, seeing only the good side of things.” Show us “where to find flowers, sweets, honey and sugar, and to only know the good things in life and become ignorant to all evil.” Grant us faith, courage and love, through the prayers of Saint Paisios and of all the Saints. Amen.

ICEBREAKER

6 minutes

Think of a word that rhymes with repent.

VIDEO

5 minutes

Be the Bee #28 | Time to Repent

<https://youtu.be/1AfEsYVg1bQ>

DEBRIEF

10 minutes

Ask students the following questions and help facilitate a discussion:

- ❖ What did you see and hear in the video?
- ❖ What is one lesson you can take away from the video?

TEACHING

7 minutes

Ask students the following questions and help facilitate a discussion:

- ❖ What is so important about repentance?
- ❖ What is true repentance?
- ❖ What can we learn from Saint Mary of Egypt?
- ❖ How can God transform our sin to heal us?

REFLECTION

10 minutes

Ask students the following question and help facilitate a discussion:

- ❖ What does “metanoia” mean to you?

READING AND APPLICATION

7 minutes

Read the following story to students:

Saint Mary of Egypt

<https://www.goarch.org/sunday-stmaryofegypt>

Ask students the following questions and help facilitate a discussion:

- ❖ What did you hear in the story? What spoke to you?
- ❖ What new piece of information did you learn from the story?
- ❖ Looking at the hymns for St. Mary of Egypt, what can you learn about her life?

SCRIPTURE READING AND APPLICATION

10 minutes

Read the following verses to students:

Mark 10:32-45 - "And they were on the road, going up to Jerusalem, and Jesus was walking ahead of them; and they were amazed, and those who followed were afraid. And taking the twelve again, he began to tell them what was to happen to him, saying, "Behold, we are going up to Jerusalem; and the Son of man will be delivered to the chief priests and the scribes, and they will condemn him to death, and deliver him to the Gentiles; and they will mock him, and spit upon him, and scourge him, and kill him; and after three days he will rise." And James and John, the sons of Zebedee, came forward to him, and said to him, "Teacher, we want you to do for us whatever we ask of you." And he said to them, "What do you want me to do for you?" And they said to him, "Grant us to sit, one at your right hand and one at your left, in your glory." But Jesus said to them, "You do not know what you are asking. Are you able to drink the cup that I drink, or to be baptized with the baptism with which I am baptized?" And they said to him, "We are able." And Jesus said to them, "The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized; but to sit at my right hand or at my left is not mine to grant, but it is for those for whom it has been prepared." And when the ten heard it, they began to be indignant at James and John. And Jesus called them to him and said to them, "You know that those who are supposed to rule over the Gentiles lord it over them, and their great men exercise authority over them. But it shall not be so among you; but whoever would be great among you must be your servant, and whoever would be first among you must be slave of all. For the Son of man also came not to be served but to serve, and to give his life as a ransom for many."

Ask students the following questions and help facilitate a discussion:

- ❖ What is taught to us about repentance this passage?
- ❖ What does the passage tell us about how we should give repentance to others?

Teaching: (reflect on this rather than read it directly to participants)

Jesus made the ultimate sacrifice fo dying on a Cross for each of us. With this action, He also shows a great for of love. We are called to practice forgiving others in this same way. We are are also called to join Christ as His disciples did. We do this through our service to others. We are called to repent when we make a wrong choice. We have a great example of this with Saint Mary of Egypt.

CONCLUSION

5 minutes

Go around the room and ask each student to answer the following question:

- ❖ What is one way to repent in your daily life through what you learned in the session?

CLOSING PRAYER

In the name of the Father, the Son, and the Holy Spirit. Lord, thank you for all that You have given us. Please help us to be grateful for all of Your gifts, seen and unseen. Please multiply these gift and allow us to give to others. Through this mat we, "commit ourselves and each other and our whole life to Christ our God".

Amen.