
BE THE BEE

SESSION #10

Uniting With God and Neighbor

LEARNING TO BE THE BEE AND LIVE ORTHODOXY



BE THE BEE #10

Thankful for the Resurrection

Goal:

Learn that God calls us to enjoy a heavenly banquet in His Kingdom.

Objective:

Identify one way to be thankful for tough times in your daily life.

Estimated Duration:

60 minutes

LEARNING SESSION

Be the Bee # 10 **Thankful for the Resurrection**

OPENING PRAYER

In the name of the Father, the Son, and the Holy Spirit. Lord, help us to “be the bee” and “have a positive way of thinking, seeing only the good side of things.” Show us “where to find flowers, sweets, honey and sugar, and to only know the good things in life and become ignorant to all evil.” Grant us faith, courage and love, through the prayers of Saint Paisios and of all the Saints. Amen.

ICEBREAKER

6 minutes

Tell us about a good outcome in a bad situation.

VIDEO

5 minutes

Be the Bee #10 | Thankful for the Resurrection

<https://youtu.be/9jVihO4ZFII>

DEBRIEF

10 minutes

Ask students the following questions and help facilitate a discussion:

- ❖ What did you see and hear in the video?
- ❖ What is one lesson you can take away from the video?

TEACHING

7 minutes

Ask students the following questions and help facilitate a discussion:

- ❖ What are blessings?
- ❖ Are we thankful for what we have in life?
- ❖ How do we show our thankfulness?
- ❖ Can joy turn to sorrow?

REFLECTION

10 minutes

Ask students the following question and help facilitate a discussion:

- ❖ Have you lost something or someone really good in your life? What was that like?

READING AND APPLICATION

7 minutes

Read the following story to students:

Joy of the Resurrection

<http://www.johnsanidopoulos.com/2013/05/elder-porphyrrios-and-joy-of-resurrection.html>

Ask students the following questions and help facilitate a discussion:

- ❖ What did you hear in the story? What spoke to you
- ❖ What is Saint Porphyrios calling each of us to do?

SCRIPTURE READING AND APPLICATION

10 minutes

Read the following verses to students:

"Oh give thanks to the Lord, for he is good, for his steadfast love endures forever!" - Psalm 107:1

"Give thanks in all circumstances; for this is the will of God in Christ Jesus for you." - 1 Thessalonians 5:18

Ask students the following questions and help facilitate a discussion:

- ❖ What makes it important to be thankful?
 - ❖ God is good and His love is endless.
- ❖ What is the Lord's steadfast love?
 - ❖ God loves us through the good and bad times, we are called to mirror this with others in our.
- ❖ How can we do the will of God?

Teaching: (reflect on this rather than read it directly to participants)

tough times will happen in our lives because we live in a fallen world, where sin exists. Joy can turn to sorrow and sorrow can turn to joy. We must not forget that Christ is Risen, and because of that we rejoice. God has made the universe out of His love, so that we all can rise with Him. God is constantly calling each of us to His eternal banquet. How will we respond? Do we realize that this banquet is eternal? Do we realize that death has been put to death? If we are able to constantly have this in our minds, we have no fear. We can be thankful for the sorrow, because with this knowledge we are in a constant state of joy. We can also be thankful for the joy. God is always present, and we must keep His love in our hearts. Knowing this, we are able to give thanks, and that gratitude can transform our lives.

CONCLUSION

5 minutes

Go around the room and ask each student to answer the following question:

- ❖ What is one way to be thankful even for the tough times in your daily life through what you learned in the session?

CLOSING PRAYER

In the name of the Father, the Son, and the Holy Spirit.

“Let us celebrate the death of death, the destruction of Hades, the beginning of eternal life. And leaping for joy, we celebrate the Cause, the only blessed and most glorious God of our fathers.”

Amen.