"Arise, walk in the land through its length and its width, for I give it to you.” Genesis 13:17

It's time to get up! The weather is pleasant now and God's beautiful world is calling you, just blossoming with lessons to teach you about its Creator. He is inviting you to explore the land, to walk in (it) through its length and its width. If you travel the length and width of an area, you form the sign of a cross. St. John Maximovitch shepherded a flock of 5,000 refugees who had been displaced because of Communism, and they sought refuge on Tubabao Island in the Phillipines. He would spend his nights walking the entire length and width of the island. His path was in the form of a cross, and he prayed for the land and the people dwelling on it. Because of his prayers, many disasters were averted including a typhoon which nearly hit the island but at the last minute, changed its path.

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**Walk in the Land Challenge:** Plan a walk in your neighborhood this week. Sketch/print out a map of the streets you will walk using a highlighter to mark your path in the sign of a cross. Then as you follow the mapped path, take turns praying for neighbors you see. Ask the Lord to bless, guide and protect everyone in your path.

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**Journal Idea:** Draw symbols or make notes on your map to remind yourself of something you learned at a specific place during your walk. You can even collect leaves, wildflowers, grass, or pebbles and glue them to the map as mementos.