"Blessed are the people who know glad shouting; O Lord, they shall walk in the light of Your face." Psalm 88:16

What does a joyful shout sound like to you? Is it a whoop! or a yay! or a loud laugh? Could it be singing a song or hymn loudly with joy? In this verse from Psalm 88, we are reminded that the Lord lights the way for us but we must choose to walk in His light with joy, fervor, and "glad shouting" and in doing so we will be blessed! On your walk today read this verse out loud and have each family member let out their own "joyful shout" as you go. You may even choose to sing a song out loud together too! Discuss why you think God wants us make joyful noises when rejoicing in His name.

Walk in the Light Challenge: Try to keep the sun ahead of you and walk in it's rays (but don't look straight into it!), mimicking how we are to walk in the "light of [the Lord's] face." See where the sun's path takes you!

Musical Stick: Find a big stick in your yard and wrap it in colorful yarn, threading little bells, buttons, or anything that will make noise when shaken through the yarn. Take your stick outside and shake it, making a joyful noise to the Lord!



