



Walking with God: Hide and Seek

"And they heard the sound of the Lord God walking in the garden in the cool of the day, and the man and his wife hid themselves from the presence of the Lord God among the trees of the garden." Genesis 3:8

After Adam and Eve disobeyed God and ate from the one forbidden tree, they were ashamed and tried to hide from God when they heard Him walking in the garden. What happens when we disobey and know we have done something wrong? Perhaps we, too, either try to hide ourselves or hide what we have done wrong from our loved ones and from God. But just as God knew that Adam and Eve had disobeyed Him, so He knows when we do wrong. When we disobey, it is always best to admit what we have done and ask for forgiveness, both to God and to anyone we may have hurt by doing wrong. Then we will not feel a need to hide from God, but we can walk in His presence knowing we are forgiven.

Hide and Seek Challenge: This week, take a walk somewhere that has places to hide along the way. Play hide-and-go-seek, with each family member taking turns as hiders and seekers. Afterwards, talk with each other about what it felt like when you were hiding--excited, scared, happy, nervous, confused...

Journal Idea: Either write in words or in a picture a time when you did something wrong and admitted it and asked for forgiveness and another time when you tried to hide it. What was different for you when you admitted what you did in comparison to when you tried to hide it?

