



A TOOL KIT FOR HOLY WEEK AT HOME


How to prepare:

- Consider the mindset you want to have and share it with the people you live with.
- Think about the schoolwork and job duties you are able to take care of before the week begins.
- Plan some ways to change up your routine.
- Find out the service schedule for your parish.
- Make a grocery list and order what you need.
- Think about who you want to be in touch with.

Things to have on hand:

- **Journal** - This is going to be a Holy Week you'll never forget.
- **Icons** - Have the icons for Holy Week in the common area of your home. If you don't have them at home, you can print them!
- **Candles** - Make sure you have at least one for each person in your home.
- Resources, lessons, and materials for crafts and conversation.
- **Special Outfits** - Dressing for each service will help set the tone.

Special things for particular days:

- **Lazarus Saturday:** Read the story of Lazarus in anticipation of Pascha. Reflect together with your family.
 - **Palm Sunday:** Make Palm Crosses with your family.
 - **Sunday - Tuesday:** Read and discuss the unique readings of the Bridegroom services.
 - **Holy Wednesday:** Make a prayer list for the Holy Unction service.
 - **Holy Thursday:** Consider setting time aside for you and your family to wash each other's feet.
 - **Holy Friday:** Gather materials and flowers to make and decorate your own bier/tomb at home.
 - **Holy Saturday morning:** Throw bay leaves all over your home!
 - **Holy Saturday evening:** Gather your candles and take your computer outside your front door when your priest leaves the church. Proclaim Christ is Risen!
 - **Pascha!** "This is the day of Resurrection! Let us celebrate the Feast!"
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