

Small Groups Curriculum

Week of June 8, 2020

OPENING PRAYER

Shine in our hearts, O Master Who loves mankind, the pure light of Your divine knowledge, and open the eyes of our mind that we may comprehend the proclamations of Your Gospels. Instill in us also reverence for Your blessed commandments so that, having trampled down all carnal desires, we may lead a spiritual life, both thinking and doing all those things that are pleasing to You. For You, Christ our God, are the illumination of our souls and bodies, and to You we offer up glory, together with Your Father, Who is without beginning, and Your all-holy, good, and life-creating Spirit, now and forever and to the ages of ages. Amen.

Prayer Before the Reading of the Gospel
Divine Liturgy of Saint John Chrysostom

THIS SUNDAY'S SCRIPTURE READINGS

For Sunday of the Fathers of the First Ecumenical Council.

SUNDAY EPISTLE

St. Paul's Letter to the Hebrews 11:33-40; 12:1-2

SUNDAY GOSPEL

The Gospel According to Matthew 10:32-33; 37-38; 19:27-30

All readings are available at goarch.org or the Daily Readings app.

EPISTLE READING

Brethren, all the saints through faith conquered kingdoms, enforced justice, received promises, stopped the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign armies to flight. Women received their dead by resurrection.

Some were tortured, refusing to accept release, that they might rise again to a better life. Others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn in two, they were tempted, they were killed with the sword; they went about in skins of sheep and goats, destitute, afflicted, ill-treated - of whom the world was not worthy - wandering over deserts and mountains and in dens and caves of the earth. And all these, though well attested by their faith, did not receive what was promised, since God had foreseen something better for us, that apart from us they should not be made perfect.

Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with perseverance the race that is set before us, looking to Jesus the pioneer and perfecter of our faith.

GOSPEL READING

The Lord said to his disciples, "Every one who acknowledges me before men, I also will acknowledge before my Father who is in heaven; but whoever denies me before men, I also will deny him before my Father who is in heaven. He who loves father or mother more than me is not worthy of me; and he who loves son or daughter more than me is not worthy of me; and he who does not take his cross and follow me is not worthy of me."

Then Peter said in reply, "Lo, we have left everything and followed you. What then shall we have?"

Jesus said to them, "Truly, I say to you, in the new world, when the Son of man shall sit on his glorious throne, you who have followed me will also sit on twelve thrones, judging the twelve tribes of Israel. And every one who has left houses or brothers or sisters or father or mother or children or lands, for my name's sake, will receive a hundredfold, and inherit eternal life. But many that are first will be last, and the last first."

Discussion

INTRO NOTES

1. Being “worthy”
 - A. In his epistle, St Paul lists the struggles of the saints and says “the world was not worthy” of them
 - B. In the Gospel, Jesus tells us that we are not worthy of Him if we do not love Him completely
 - C. The saints have already shown this total love in their lives

2. We don’t become “worthy” on our own
 - A. The Greek word for “worthy” comes from the word for “weight”
 - B. We can never be worthy on our own; God is the one who gives us the grace to be worthy by “putting his thumb on the scale” for us
 - C. But we can respond to God’s grace by offering Him everything

3. What comes next?
 - A. We have received the Holy Spirit and celebrated the saints
 - B. Now we must go on to become saints ourselves

For more on this Sunday’s readings, watch:
[Live the Word #37 | Are You Worthy?](#)

DISCUSSION QUESTIONS

1. How are you feeling right now?

2. Is there something you love more than God? What is it?

3. Do you feel “weighty” or “solid” enough to enter God’s Kingdom?

4. What are you doing to become more “substantial” and “weighty”?

If you don’t get through all the questions, that’s ok!

Discussion

WRAP-UP NOTES

Each Wrap-Up should be personal and based on your time together as a Small Group. These three questions can help you, as a Small Group Leader, wrap up your weekly meeting:

1. What are you grateful to have learned or heard in the conversation?
2. What simple statement or question from the conversation can you share again that would be most helpful to hear again three years from now?
3. If you could share up to twelve words on the topic of “spiritual substance” what would you say?

AT THE END OF MEETINGS

We give thanks to You, invisible King, Who by Your boundless power fashioned the universe, and in the multitude of Your mercy brought all things from nothing into being. Look down from heaven, O Master, upon those who have bowed their heads before You; for they have not bowed before flesh and blood, but before You, the awesome God. Therefore, O Master, make smooth and beneficial for us all, whatever lies ahead, according to the need of each: Sail with those who sail; travel with those who travel; heal the sick, Physician of our souls and bodies. Through the grace, compassion, and love for mankind of Your only-begotten Son, with whom You are blessed, together with Your all-holy, good, and life-creating Spirit, now and forever and to the ages of ages. Amen.

Prayer Following the Lord's Prayer
Divine Liturgy of Saint John Chrysostom