

# FUN TIVITIES

They're like activities,  
but **FUN!**

Share the fun using #OrthoFun on social media.

**MONDAY, MARCH 30**



## RIDDLE

I speak without a mouth  
and hear without ears. I  
have no body, but I  
come alive with air.

What am I?

(See answer upside down below!)

## TABLE TOPIC

If intro music played when  
you walked into a room,  
what song would it be  
and why?



## MOVE IT MOVE IT

Take a walk as a family and  
play "I Spy" along the way.

## GAME TIME

Try an old fashioned game  
of charades. Not sure how  
to play?

(Where have you been living? Mars? JK!)



**DON'T FORGET TO SHARE!**

Visit [www.Y2AM.org/Calendar](http://www.Y2AM.org/Calendar)  
for more funtivities and other online events!

# FUNTIVITIES

**They're like activities,  
but FUN!**

Share the fun using #OrthoFun on social media.

**TUESDAY, MARCH 31**

## RIDDLE

You measure my life in hours and I serve you by expiring. I'm quick when I'm thin and slow when I'm fat.

The wind is my enemy.

(See answer upside down below!)



## TABLE TOPIC

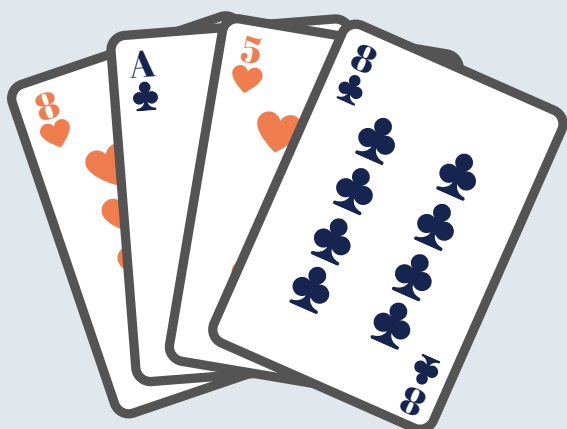
If you could have any animal as a pet, what would you choose and why? What would you name it?

## MOVE IT MOVE IT

**Freeze! Dance!**

Have a dance party. When the music stops or pauses, everyone has to freeze until it starts again.

If you move, you're out!



## GAME TIME

Staying inside can make you feel CRAZY! Try a few rounds of CRAZY 8's! Learn to play in the [link here](#).

**DON'T FORGET TO SHARE!**

Visit [www.Y2AM.org/Calendar](http://www.Y2AM.org/Calendar) for more funtivities and other online events!

# FUN TIVITIES

They're like activities,  
but **FUN!**

Share the fun using #OrthoFun on social media.

**WEDNESDAY, APRIL 1**

## RIDDLE



I have cities, but no houses.  
I have mountains, but no  
trees. I have water, but no  
fish. What am I?

(See answer upside down below!)

## TABLE TOPIC

We've been home for several days now, what's the best room in your house? Why? Do any family members agree?

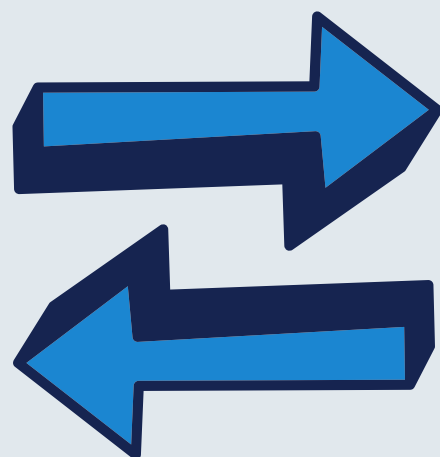


## MOVE IT MOVE IT

Musical Chairs  
Put on some of your family's favorite music and play musical chairs together!

## GAME TIME

Play Left, Right, Center!  
Learn how to play [here](#) .



**DON'T FORGET TO SHARE!**

Visit [www.Y2AM.org/Calendar](http://www.Y2AM.org/Calendar)  
for more funtivities and other online events!

# FUN TIVITIES

They're like activities,  
but **FUN!**

Share the fun using #OrthoFun on social media.

**THURSDAY, APRIL 2**

## RIDDLE

What is seen in the middle of March and April that can't be seen at the beginning or end of either month?

(See answer upside down below!)



## TABLE TOPIC

Our sense of smell is linked to our memory. What smell brings back good memories for you?

## MOVE IT MOVE IT

Choreograph a cheer!  
Get into the family spirit by having your crew come up with a family cheer routine. You could include all the signature moves like pyramids (parents on base!), claps, and tumbling!



## GAME TIME

Get closer by playing a game of Sardines. It's like Hide and Seek, but in reverse!  
Learn how to play [here!](#)

## DON'T FORGET TO SHARE!

Visit [www.Y2AM.org/Calendar](http://www.Y2AM.org/Calendar) for more funtivities and other online events!

# FUN TIVITIES

They're like activities,  
but **FUN!**

Share the fun using #OrthoFun on social media.

**FRIDAY, APRIL 3**



## RIDDLE

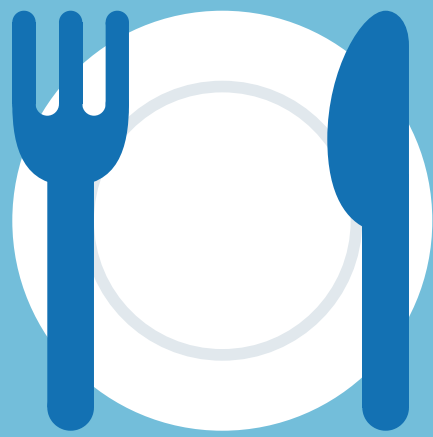
The more you take, the more you leave behind.

What am I?

(See answer upside down below!)

## TABLE TOPIC

If you could have one superpower, which one would you pick?



## MOVE IT MOVE IT

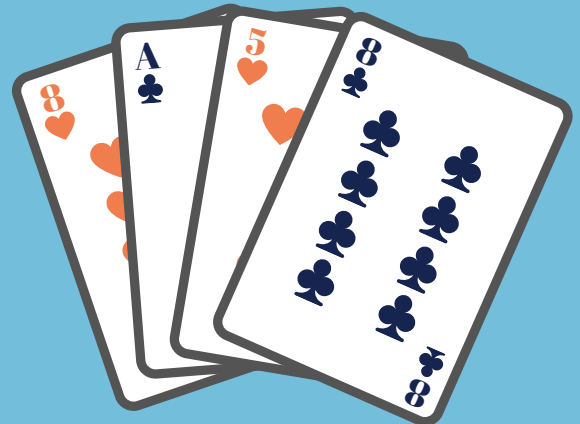
### BALLOON VOLLEYBALL

Blow up a balloon or use a light-weight ball (like a beach ball) and play a round of "volleyball."

Simplify it by just seeing how many times everyone can pass it without allowing the ball to touch the ground.

## GAME TIME

Play a memory game: put an assortment of items on a tray, everyone tries to memorize the items. Everyone closes their eyes then one person removes a few items and players try to guess what was removed.



## DON'T FORGET TO SHARE!

Visit [www.Y2AM.org/Calendar](http://www.Y2AM.org/Calendar)  
for more funtivities and other online events!