



Family
supplement

Y²AM
Ministry Plan
2019-20

Finding Christ
Through Worship (April 2020)



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Family Supplement

Finding Christ through Worship

We began this month's conversation by learning about worship and how essential it is to our spiritual growth. We read the biblical account of the Myrrh bearing women (Matthew 28:1-10) and how these faithful women came to worship Christ. We continued the lesson by learning about the life of St. Anthony and how he said, "Strive to be united first with the Lord, and then with the saints so that after death they may receive you as familiar friends in the everlasting dwelling." Continue this conversation by asking your child what they learned.

For Discussion:

- What does it mean to worship God? Can you give examples?
- Why is worship so important to our relationship with Christ?
- How can we worship Christ both in church and in our daily lives outside of church?



Saint Story

Read the life of Saint Kassiane:

<http://full-of-grace-and-truth.blogspot.com/2012/02/st-cassiane-hymnographer-righteous.html>

What role did worship have in the life of St. Kassiane?

Bible Verse

"Oh come, let us **worship** and bow down; Let us kneel before the Lord our Maker."

Psalm 95:6

Social Media

Listen to the *Be the Bee* Podcast:

<https://www.youtube.com/watch?v=TL0BYNUM9pw>

Consider how you can connect with Christ by striving to be actively involved in the worship services of His Church.

Discussion

Attend Divine Liturgy as a family. Encourage your family to pay attention to how we use our five senses in worship during church services. Discuss the following questions after church: How do I use my five senses to worship? How can we continue to give glory to God through our senses when we are not in church?

"Set well my feet to praise Thee while I go, from evil spirits keep my spirit free, and purify my tongue to harmony, to sing and magnify Thy glorious might."

St. Kassiane the Hymnographer