



Family
supplement

Y²AM
Ministry Plan
2019-20

Becoming Human
By Finding Christ



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The Y²AM Ministry Plan 2019-20

Becoming Human by Finding Christ

Module 1

September 2019: Stillness
October 2019: Discipline
November 2019: Scripture

Module 2

December 2019: Service
January 2020: Gratitude
February 2020: Freedom

Module 3

March 2020: Confession
April 2020: Worship
May 2020: Connection

Welcome to the Y²AM Ministry Plan!

July 18, 2019

Dear Parent or Family Member,

Our Team is very pleased to have launched the third iteration of our **Y²AM Ministry Plan**.

Building on the valuable feedback we've received, we're proud to unveil a new and improved version of the **Y²AM Ministry Plan**, a tool to help communities and homes lead transformational ministry for the youth and young adults in their care.

We've created nine months of materials carefully designed for well-rounded, effective, and Kingdom-oriented ministry. Organized month-by-month, the **Y²AM Ministry Plan** gives you a comprehensive set of tools that will help you lead ministry designed, not simply for the head, but for the heart.

After all, Christians aren't simply informed: they are formed. They are transformed into people who live lives of constant offering to God.

And it's all laid out for you, from the first week of September 2019 through the last week of May 2020.

If you ever have any questions, please feel free to reach out to us at y2am@goarch.org. Please, let us know what you think: we're committed to creating a new **Y²AM Ministry Plan** every year and constantly refining and improving the materials we offer you.

In Christ,

Steven Christoforou
Director, Y²AM

Special Acknowledgment

The **Y²AM Ministry Plan** takes the very best ministry insights and sets them forth in a simple, concrete, easy-to-use resource that can offer ministry workers help today. It reflects the great work of our Team, a fantastic group of people who have done (and continue to do) amazing things for the Church.

I'm blessed to work with them; their fierce dedication and humble love of the Lord encourage me daily.

We couldn't have produced the **Y²AM Ministry Plan** without the hard work of Christian Gonzalez, Maria Pappas, and Dawn Helene who helped edit and review the sessions and offered invaluable feedback and suggestions. I'm also grateful to the GOARCH Center for Family Care who generously took the lead in developing the Family Supplement and did outstanding work.

Yet I'd be remiss if I don't offer special thanks to Cassandra Garibaldi, Y²AM's Resources & Training Coordinator, for her unique contribution.

Cassandra continues to elevate this project. Not only has she been crafting the **Y²AM Ministry Plan** for almost a year, she faithfully collected and reviewed all the feedback we received from people across the Church. As a result, I think this year's version of the **Y²AM Ministry Plan** will be even better than last year's.

Her leadership and effort (not to mention the amazing final product) are an incredible testament to Y²AM's ministry vision and the incredible impact that committed, Christ-centered young adults can have on the Church.

How to Use the Family Supplement

The **Y²AM Ministry Plan Family Supplement** is a resource provided to inform families about how their children have been growing closer to Christ in parish-based ministry; and, to give them the tools to complement that progress at home.

Faith formation occurs first and foremost in the home, with parents being the primary transmitters of the faith. Parish-based ministry is meant to supplement and assist you in your most important ministry—home ministry—each and every day.

When we teach children to be good, to be gentle, to be forgiving (all these are attributes of God), to be generous, to love their fellow men, to regard this present age as nothing, we instill virtue in their souls, and reveal the image of God within them.

– St. John Chrysostom

If you are a parish youth worker, please make sure that families know about this **Y²AM Ministry Plan Family Supplement**. You can email it to families at the beginning of the month or hand it out at the end of the lessons. They may even be helpful to use for a family session during a family night at the parish.

For more information on designing a family night, contact the Center for Family Care at family.goarch.org and a team member will be happy to help you plan.

If you are a parent or family member, we hope this **Y²AM Ministry Plan Family Supplement** will serve you well as you raise your children to grow in their relationship with Christ. You can also check out the Center for Family Care's website listed above. There you will find many resources meant to guide and equip you in this most important calling of raising Christ-centered children.

The material in this particular resource builds on the JOY and GOYA sections of the **Y²AM Ministry Plan**. The activities are designed to augment the learning from the sessions, helping families to start meaningful conversations and formative experiences at home.

Thank you for choosing the **Y²AM Ministry Plan** to help you lead incredible, Christ-centered ministry in your homes.

And, thank you for letting us join you on this journey.

The Y²AM and Center For Family Care Ministry Teams
