March 2020

Family Supplement

Confession

We began this month’s conversation discussing Holy Confessionand how it restores our relationship with Christ. We read the biblical account of Zacchaeus (Luke 19:1-10) reflecting on his repentance. We also learned the roll confession played in the Apostles Peter and Paul’s lives to Christ and how we are called to do the same. Continue this conversation by asking your child what they learned, as well as exploring the resources on this page.

For Discussion:

* What does it mean to repent? What does it mean to confess?
* How does our relationship with Christ grow by our confession and repentance?
* How can we confess the Lord in our lives each and every day? What are some things we need to confess to, and ask forgiveness of, each other?

*Make a plan for your family by setting goals that everyone can share in.*

Saints Story

Watch Learn more about St. John Climacus here:

<https://www.goarch.org/sunday-stjohnclimacus>

What role did repentance and confession play in the life of St. John?

Bible Verse

“Confess *your* trespasses to one another, and pray for one another, that you may be healed”

–James 5:16

Social Media

Listen to this interview on confession and children:

<https://www.goarch.org/-/children-and-confession?inheritRedirect=true>

Consider what role Holy Confession has in your life as well as your children’s.

Discussion

For an object lesson take an icon of Christ and note how clearly we see Christ when looking at the icon. Next, take a piece of plastic wrap and cover the icon. Note how it obscures the image of Christ slightly. Continue adding layers until the image of Christ is completely obscured. Discuss how Christ lives in every person but sin obscures His image. Through confession we are restored and the image becomes clear (remove all the layers of plastic wrap).

Bottom of the page quote

**“**To repent is to look, not downward at my own shortcomings, but upward at God’s love; not backward with self-reproach, but forward with trustfulness. It is to see, not what I have failed to be, but what by the grace of Christ I can yet become.” **-St. John Climacus**