



GOYA
grades 7-12

Y²AAM

Ministry Plan

2018-19

A Life of Offering:
Offering our Sacrifice
February 2019





EFFECTIVE CHRISTIAN MINISTRY

BUILDING FAITH TO MOVE **MOUNTAINS**

A new ministry course designed to help you:

1. **develop** a **vision** for ministry
2. **understand** the **challenges** to ministry
3. **implement** the **practices** of effective Christian ministry

EFFECTIVECHRISTIANMINISTRY.ORG

The Y²AM Ministry Plan 2018-19

A Life of Offering

Module 1: Preparing to Connect

September 2018: Offering our Talents
October 2018: Offering our Struggles
November 2018: Offering our Conflicts

Module 2: Connecting with God

December 2018: Offering our Prayer
January 2019: Offering our Story
February 2019: Offering our Sacrifice

Module 3: Living with Connection

March 2019: Offering our Gifts
April 2019: Offering the Gospel
May 2019: Offering our Lives

Welcome to the Y²AM Ministry Plan!

July 5, 2018

Dear GOYA Leader,

Last summer, we launched the **Y²AM Ministry Plan** to help Church workers lead Christ-centered and Kingdom-oriented ministry.

And, glory to God, the feedback was incredible.

This year, we're proud to unveil a new and improved version of the **Y²AM Ministry Plan**, a tool to help communities and homes lead transformational ministry for the youth and young adults in their care.

We've created nine months of materials carefully designed for well-rounded, effective, and Kingdom-oriented ministry. Organized week-by-week and month-by-month, the **Y²AM Ministry Plan** gives you a comprehensive set of tools that will help you lead ministry designed, not simply for the head, but for the heart.

After all, Christians aren't simply informed: they are formed. They are transformed into people who live lives of constant offering to God.

And it's all laid out for you, from the first week of September 2018 through the last week of May 2019.

If you ever have any questions, please feel free to reach out to us at y2am@goarch.org. Please, let us know what you think: we're committed to creating a new **Y²AM Ministry Plan** every year and constantly refining and improving the materials we offer you.

In Christ,

Steven Christoforou
Director, Y²AM

Special Acknowledgment

The **Y²AM Ministry Plan** takes the very best ministry insights and sets them forth in a simple, concrete, easy-to-use resource that can offer ministry workers help today. It reflects the great work of our Team, a fantastic group of people who have done (and continue to do) amazing things for the Church.

I'm blessed to work with them; their fierce dedication and humble love of the Lord encourage me daily.

We couldn't have produced the **Y²AM Ministry Plan** without the hard work of Christian Gonzalez, Maria Pappas, and Christina Andresen who helped edit and review the sessions and offered invaluable feedback and suggestions. I'm also grateful to Kristina Wenger who generously took the lead in developing the Family Supplement and did outstanding work.

Yet I'd be remiss if I don't offer special thanks to Cassandra Garibaldi, Y²AM's Resources & Training Coordinator, for her unique contribution.

Cassandra continues to elevate this project. Not only has she been crafting the **Y²AM Ministry Plan** for almost a year, she faithfully collected and reviewed all the feedback we received from people across the Church. As a result, I think this year's version of the **Y²AM Ministry Plan** will be even better than last year's.

Her leadership and effort (not to mention the amazing final product) are an incredible testament to Y²AM's ministry vision and the incredible impact that committed, Christ-centered young adults can have on the Church.

How to Use the Y²AM Ministry Plan

The **Y²AM Ministry Plan** is a tool designed to help you lead great ministry. It's designed to eliminate the stress of finding or creating ministry resources, so you can be free to spend time with the young people in your care. So, as you flip through the **Y²AM Ministry Plan**:

Remember:

1. The **Y²AM Ministry Plan** may be more than you need. We offer week-by-week ministry guidance, but your group may not meet every week. In practice, you may need to skip some of the lesson plans we offer. That's ok: feel free to use the **Y²AM Ministry Plan** in the way that's best for you.
2. Calendar notes are suggestions, not requirements. While the **Y²AM Ministry Plan** is designed intentionally week-by-week and month-by-month, this may not fit your schedule perfectly. That's ok.
3. Anytime you have questions about how to use the **Y²AM Ministry Plan** you can always reach out to us. We're here to help.

Here's a bit more practical advice:

When working with small groups, it can be easy to let talkative people (leaders and students included) take over conversation. Small groups are also filled with people who process things in different ways: some may need more time and silence, some may need physical manipulation (writing, getting up, etc.).

Here are some tips that you can use to help your groups thrive in discussion:

Before each session:

1. It is important to read through each session before presenting the session to participants. Be confident in what you are presenting.
 2. Note time allotments and have in mind what you would like to accomplish with your group during the session.
-

3. Before each session begins, *pass out paper and pens* to each participant. This can help participants process their thoughts and reactions.

During each session:

1. When asking questions, allow time for participants to reflect and write their answers down on the paper.
2. Read one of the main questions or Bible verses from the lesson and write it on a board. Give a few minutes to respond and then allow time for each participant to respond.
3. Try many different ways to engage conversation, and don't be afraid of silence; just because people aren't saying anything doesn't mean that they aren't thinking or responding.
4. Remember to listen before reacting.
5. If a question comes up and you are not sure of the answer, be honest and let participants know. Ask a priest and follow up with the participants. Be honest and true to yourself.
6. If you have a good discussion going on a topic, allow the conversation to flow. Don't feel like you have to ask every question or go through every activity in its entirety.

Remember:

1. These sessions are a time for participants to share their own hearts, thoughts and feelings. They have much to say and offer, so try your best to be an active listener.
2. The goal is for participants to speak and learn, not to force a lesson on them for the sake of getting through the paper outline.
3. You are on a journey with your participants, and everyone is on a journey of learning together.

Thanks for letting the **Y²AM Ministry Plan** help you lead incredible, Christ-centered ministry.



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A Life of Offering:
Offering our Sacrifice
February 2019

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LEARNING SESSION

FEBRUARY 2019

Offering our Sacrifice

DATE:

Week of Monday, February 4, 2019

GOAL:

To learn that faith is a component of sacrifice

OBJECTIVE:

To identify ways to offer sacrifices to be transformed by God into something greater

ESTIMATED DURATION:

50 minutes

LEARNING SESSION: OFFERING OUR SACRIFICE

SUPPLIES NEEDED:

1. blindfolds
2. blank paper for each participant
3. pen for each participant
4. icon of Christ Crucified

OPENING PRAYER

In the name of the Father, and the Son, and the Holy Spirit.

“Let us continually offer up a sacrifice of praise to God, that is, the fruit of lips that acknowledge His name.” And help us to, “not neglect to do good and to share what we have, for such sacrifices are pleasing to God.”

Amen.

(a passage from Hebrews 13:15-16)

LEARNING SESSION: OFFERING OUR SACRIFICE

ICEBREAKER

5 minutes

Tell us your name and share a random act of kindness that you did for someone you didn't know.

Remember:

It's always helpful to start with an activity to help participants relax and allow community to build. Early in the session, focus primarily on getting participants to open their hearts and connect with what's happening in the group. This is an opportunity to encourage participants to share their honest opinions and thoughts, as well as listen to those of others. Take this time to connect with what's important to them, and to understand what they've connected with.

LEARNING SESSION: OFFERING OUR SACRIFICE

ACTIVITY 1: BLINDFOLDED

10 minutes

Ask for a few volunteers. Have the volunteers put a blindfold around their eyes and make sure they cannot see. Tell them to open their hand because you are going to give them a snack to eat. Ask participants one at a time: “Do you trust me?” If they say yes, ask them: “What if I am giving you a worm?” After they answer the question have them take the blindfolds off and sit back down with the rest of the group.

LEARNING SESSION: OFFERING OUR SACRIFICE

ACTIVITY 2: DEBRIEF

10 minutes

Ask participants the following questions and help facilitate a discussion:

- What would you have done in this situation?
- What makes you trust me?
- What makes easy or difficult to trust someone?
- How could this activity relate to sacrifice?

Remember:

You may have participants who are apprehensive to participate and that is okay. Focus on the aspect of trust and sacrifice. In this situation, participants are asked to sacrifice their own well being, not knowing what the outcome will be. Through your character and love for the participants they come to trust you. This trust allows you to lead them down scary paths, knowing that you will not abandon them. This trust is vital to youth ministry.

LEARNING SESSION: OFFERING OUR SACRIFICE

ACTIVITY 3: TEACHING

10 minutes

Pass around an icon of Christ Crucified and tell participants that this is the best example of self-sacrifice. When everyone has seen the icon, ask the following questions and help facilitate a discussion:

- What is love?
 - love is an action; sacrifice
- What is true self-sacrifice?
- What is faith?
 - a loving trust in God
- How do faith and love (sacrifice) relate?
- How is the sacrifice made by Christ on the Cross similar or different to the sacrifice you talked about earlier in the session?
- Can you think of someone in your life who has shown a sacrifice similar to Christ? What was it?
- Can you think of another example of this type of sacrifice from the Bible?

LEARNING SESSION: OFFERING OUR SACRIFICE

Teaching: *(reflect on this rather than read it directly to participants)*

The Christian life is a life of sacrifice. Christ sacrificed first; His sacrifice was death on the Cross. Sacrifice cannot be considered without Christ. His death is the ultimate example of sacrifice. What exactly is Christian sacrifice? Sacrifice is a giving up of something to make as an offer to God. It is important to note that sacrifice is not a self-rewarding act. To walk on this path of true sacrifice, we should begin to learn to put to death our own desires out of love for the other person. This means giving up out of love for the other. This does not mean: if I give up enough you will love me; the sacrifice is a free and willing action. We see the greatest example of this self-sacrifice with Christ Crucified on the Cross.

The Cross is the very shape of the Christian narrative and of our own narratives, so holding our stories next to the story of the Cross will necessarily shed light on us and our sacrifices.

LEARNING SESSION:
OFFERING OUR SACRIFICE

**ACTIVITY 4: SCRIPTURE
READING & APPLICATION**

10 minutes

Have participants read the following verses:

“I appeal to you therefore, brethren, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world but be transformed by the renewal of your mind, that you may prove what is the will of God, what is good and acceptable and perfect.”

(Romans 12:1-2)

“Offer the sacrifices of righteousness, and put your trust in the Lord.”

(Psalm 4:5)

“You shall give to him freely, and your heart shall not be grudging when you give to him, because for this the Lord your God will bless you in all your work and in all that you undertake.”

(Deuteronomy 15:10)

LEARNING SESSION: OFFERING OUR SACRIFICE

Ask participants the following questions and help facilitate a discussion:

- What do these scripture passages say about sacrifice?
- What is the connection between sacrifice and trust?
- What is the ultimate sacrifice?
- Is sacrifice a way to show love? How?

Teaching: *(reflect on this rather than read it directly to participants)*

We are called by God to offer our sacrifices as we are able to. We are not called to be perfect, because only Christ is perfect, but to put our trust in God and believe that He will transform our sacrifices into something greater. When we pray to God, we are offering our prayers. We trust that God will hear them and answer them according to the need of each of us. We are called to give as we are able and to be faithful in that giving. We are called to trust that God will transform our gift as He transforms the Gifts of bread and wine into His Body and Blood during each Divine Liturgy.

“Christ voluntarily offered Himself as a sacrifice, offered Himself in His humanity and Himself accepted the sacrifice as God with the Father and the Spirit... The God-man of the Word offered His redemptive sacrifice to the Father, to Himself as God, and to the Spirit.” When we are sacrificing in this way, we are showing purest forms of love. Having trust in God is a component of self-sacrifice because when we offer sacrifices we trust that God sees them and transforms them into something greater.

LEARNING SESSION: OFFERING OUR SACRIFICE

CONCLUSION: WRAP-UP & COMMITMENT

5 minutes

Go around the room and (starting with the session leader) ask each participant to answer the following question:

- What is one way to offer self-sacrifices, to be transformed by God, through what you learned in the session?

CLOSING PRAYER

In the name of the Father, and the Son, and the Holy Spirit.

Lord, You have granted us to offer these common prayers in unison and have promised that when two or three agree in Your name, You will grant their requests. Fulfill now, O Lord, the petitions of Your servants as may be of benefit to them, granting us in the present age the knowledge of Your truth, and in the age to come eternal life.

Amen.

FELLOWSHIP NIGHT FEBRUARY 2019

Offering our Gifts Through Relationships

DATE:

Week of Monday, February 11, 2019

GOAL:

To learn how to offer Gifts of sacrifice through
our relationships with others

OBJECTIVE:

To identify one way to offer sacrifices to God

ESTIMATED DURATION:

3 hours

FELLOWSHIP NIGHT: OFFERING OUR SACRIFICE

SUPPLIES NEEDED:

1. copy of *The Imitation Game*, or another appropriate movie on sacrifice
2. projector/television and speaker
3. meal ingredients

OPENING PRAYER

In the name of the Father, and the Son, and the Holy Spirit.

“Let us continually offer up a sacrifice of praise to God, that is, the fruit of lips that acknowledge His name.” And help us to “not neglect to do good and to share what we have, for such sacrifices are pleasing to God.”

Amen.

(a passage from Hebrews 13:15-16)

FELLOWSHIP NIGHT: OFFERING OUR SACRIFICE

ACTIVITY 1: PREPARE THE MEAL

45 minutes

Organize participants to clean up and prepare the meal for the movie night. Make sure everyone has a job, even if it's a small one. Remember to pray before the meal.

Remember:

You can order pre-made food, but preparing a meal is a great way for people to connect and bond. It's no accident that the focus of every Liturgy is a meal, and that early Christians shared meals together as a sign of their love and community.

ACTIVITY 2: WATCH MOVIE

1 hour 54 minutes

Make sure everyone has access to food, a comfortable place to sit, and a good view of the movie. We have suggested *The Imitation Game*, but you could choose any movie that is age-appropriate and will inspire thought and conversation about sacrifice.

FELLOWSHIP NIGHT: OFFERING OUR SACRIFICE

ACTIVITY 3: CLEAN UP

10 minutes

Make sure the space is completely clean after everyone has eaten.

ACTIVITY 4: MOVIE DEBRIEF

10 minutes

Ask participants a few of the following questions and facilitate a discussion:

- What did you see/hear in the movie?
- Did you learn anything from the movie?
- What is the message of this movie? Do you agree or disagree with it?
- In what ways are the characteristics or qualities of the main character(s) like your own or those of someone you know?
- Which character did you (admire, hate, love, pity, relate to, etc.) the most? What was it about that character that caused you to have that reaction?
- The resolution of the film teaches a lesson. How can you apply the lesson in the film to your own life?

FELLOWSHIP NIGHT: OFFERING OUR SACRIFICE

Remember:

Movies are great way to show people the compelling beauty behind Christian ideals like love and sacrifice, and can connect with people in a way that a talk or academic lesson may not.

CONCLUSION: WRAP-UP & COMMITMENT

5 minutes

Go around the room and ask each participant to tell the group something new they learned about sacrifice during the session.

CLOSING PRAYER

In the name of the Father, and the Son, and the Holy Spirit.

Lord, You have granted us to offer these common prayers in unison and have promised that when two or three agree in Your name, You will grant their requests. Fulfill now, O Lord, the petitions of Your servants as may be of benefit to them, granting us in the present age the knowledge of Your truth, and in the age to come eternal life.

Amen.

WORSHIP SESSION

FEBRUARY 2019

Experiencing Offering Through Worship

DATE:

Week of Monday, February 18, 2019

GOAL:

To learn about sacrifice

OBJECTIVE:

To chant the Small Paraklesis together

ESTIMATED DURATION:

75-90 minutes

WORSHIP SESSION:
OFFERING OUR SACRIFICE

SUPPLIES NEEDED:

1. copies of Small Paraklesis to the Theotokos
2. pencils and paper

OPENING PRAYER

In the name of the Father, and the Son, and the Holy Spirit.

Lord, You have granted us to offer these common prayers in unison and have promised that when two or three agree in Your name, You will grant their requests. Fulfill now, O Lord, the petitions of Your servants as may be of benefit to them, granting us in the present age the knowledge of Your truth, and in the age to come eternal life.

Amen.

WORSHIP SESSION:
OFFERING OUR SACRIFICE

ACTIVITY 1: SMALL PARAKLESIS

45 minutes

Invite your parish priest to lead the service. Pass out pencils and paper, so that everyone can write down names for commemoration. If your parish priest is not available, you can still chant it as a reader service. If it's a reader service, make the following changes:

1. Instead of “Blessed is our God...” to begin the service, we say: “Through the prayers of our holy Fathers, Lord Jesus Christ our God, have mercy on us.”
2. After the “Our Father,” we say “Through the prayers of our holy Fathers, Lord Jesus Christ our God, have mercy on us,” instead of “For Thine is the power...”
3. We omit all the petitions and the parts the priest would do.

Assemble your group either in the Church building (if possible) or before an icon of the Theotokos.

A copy of the service is available here:

http://www.goarch.org/chapel/chant/paraklesis/index_html

WORSHIP SESSION: OFFERING OUR SACRIFICE

Remember:

The more we are exposed to prayer and the language of the Church, the more our minds and hearts are shaped by the mind and heart of the Church. Over time, we can internalize the prayer of the Church and better learn to talk to God ourselves. This takes time, and should be an important part of every ministry.

ACTIVITY 2: DEBRIEF

10 minutes

Ask participants the following questions and facilitate a discussion:

- What did you experience while you were worshipping during the service?
- Did any part of the service stand out to you?
- Is there one lesson that you can take away from the service?

Remember:

Many participants may not have ever celebrated this service before. Some may not have heard it chanted in English. Give them space to process and verbalize what they've just experienced.

WORSHIP SESSION:
OFFERING OUR SACRIFICE

ACTIVITY 3: GROUP PRAYER

10 minutes

Pray the following prayer with the group:

Master and Lord, Jesus Christ our God, You alone have authority to forgive my sins, whether committed knowingly or in ignorance, and make me worthy to receive without condemnation Your divine, glorious, pure and life-giving Mysteries, not for my punishment, but for my purification and sanctification, now and in Your future Kingdom. For You, Christ our God are compassionate and love mankind and to You we give glory with the Father and the Holy Spirit now and forever and ever.

Amen.

(Prayer of St. John of Damascus)

Remember:

We are all very comfortable with and accustomed to having a priest pray aloud for us. Prayer is a very powerful tool and it is a tool each of us possesses. Use this opportunity to show participants that they too can offer their own prayers.

WORSHIP SESSION: OFFERING OUR SACRIFICE

Make the following prayers available as a hand out for participants to bring home and keep for Sunday:

Prayers Right Before Communion

I believe and confess, Lord, that You are truly the Christ, the Son of the living God, who came into the world to save sinners, of whom I am the first. I also believe that this is truly Your pure Body and that this is truly Your precious Blood. Therefore, I pray to You, have mercy upon me, and forgive my transgressions, voluntary and involuntary, in word and deed, known and unknown. And make me worthy without condemnation to partake of Your pure Mysteries for the forgiveness of sins and for eternal life. Amen
How shall I, who am unworthy, enter into the splendor of Your saints? If I dare to enter into the bridal chamber, my clothing will accuse me, since it is not a wedding garment; and being bound up, I shall be cast out by the angels. In Your love, Lord, cleanse my soul and save me.

Loving Master, Lord Jesus Christ, my God, let not these holy Gifts be to my condemnation because of my unworthiness, but for the cleansing and sanctification of soul and body and the pledge of the future life and kingdom. It is good for me to cling to God and to place in Him the hope of my salvation.

Receive me today, Son of God, as a partaker of Your mystical Supper. I will not reveal Your mystery to Your adversaries. Nor will I give You a kiss as did Judas. But as the thief I confess to You: Lord, remember me in Your Kingdom.

WORSHIP SESSION: OFFERING OUR SACRIFICE

Prayers After Receiving Communion

I thank Thee, O Lord my God, that Thou hast not rejected me, a sinner, but hast granted me to be a communicant of Thy holy Things. I thank Thee that Thou hast granted me, unworthy as I am, to partake of Thy pure and heavenly Gifts. But, O Lord, Lover of men, Who didst die for us and rise again and bestow upon us these Thy dread and life-giving Mysteries for the well being and sanctification of our souls and bodies, grant that these may be even to me for the healing of my soul and body, for the averting of everything hostile, for the enlightenment of the eyes of my heart, for the peace of the powers of my soul, for unashamed faith, for sincere love, for the fullness of wisdom, for the keeping of Thy commandments, for an increase of Thy divine grace, and for familiarity with Thy Kingdom; that being kept by Them in Thy holiness I may ever remember Thy grace, and never live for myself but for Thee our Lord and Benefactor. And so when I have passed from existence here in the hope of eternal life, may I attain to everlasting rest, where the song is unceasing of those who keep festival and the joy is boundless of those who behold the ineffable beauty of Thy face. For Thou art the true desire and the unutterable gladness of those who love Thee, O Christ our God, and all creation sings of Thee throughout the ages.

WORSHIP SESSION: OFFERING OUR SACRIFICE

CONCLUSION: WRAP-UP & COMMITMENT

5 minutes

Go around the room and ask each participant to answer the following question. The session leader should go first.

- What is one way to offer a prayer in your daily life through what you learned in the service?

Remember:

Don't just use this opportunity to ask participants to commit to action: check in with them, and follow up to see how they're doing after past sessions. We can all be accountable to each other to make necessary improvements in our lives.

WORSHIP SESSION:
OFFERING OUR SACRIFICE

CLOSING PRAYER

In the name of the Father, and the Son, and the Holy Spirit.

Lord, You have granted us to offer these common prayers in unison and have promised that when two or three agree in Your name, You will grant their requests. Fulfill now, O Lord, the petitions of Your servants as may be of benefit to them, granting us in the present age the knowledge of Your truth, and in the age to come eternal life.

Amen.

SERVICE PROJECT

FEBRUARY 2019

Offering Through Serving

DATE:

Week of Monday, February 25, 2019

GOAL:

To learn to offer through serving

OBJECTIVE:

To identify one way to offer our sacrifices through service to others

ESTIMATED DURATION:

1 hour 15 minutes

SERVICE PROJECT: OFFERING OUR SACRIFICE

SUPPLIES NEEDED:

1. bowls
2. measuring cups and spoons
3. flour
4. water
5. yeast
6. salt
7. sugar
8. prosforo seal
9. paper and pens

OPENING PRAYER

*In the name of the Father, and the Son, and the Holy Spirit.
Lord, this bread that we are baking represents each one of us.
We are offering ourselves to You, our very life, in humble
obedience and total commitment to You. We place ourselves on
Your holy altar through this bread to be used by You in any way
that You feel will help enlarge Your kingdom. Accept our gift and
make us worthy to receive the greater gift that You will give us
when You consecrate this bread and give it back to us as Your
Precious Body.
Amen.*

SERVICE PROJECT: OFFERING OUR SACRIFICE

ACTIVITY 1: PREP

5 minutes

Have all participants wash their hands thoroughly, remove all bracelets, rings and watches, and push up any long sleeves.

ACTIVITY 2: MAKE THE DOUGH

30 minutes

We recognize that there are many different ways to make prosforo. This is one recipe. You can also follow your own or bring in someone from your church that regularly makes prosforo to help. More important than the recipe is that this process is done prayerfully and that all participants are able to contribute.

Possible recipe:

Ingredients:

2 tsp yeast (1 pkg)

1 tsp sugar

¼ cup warm water

5 cups pre-sifted, flour (King Arthur preferred)

1 tsp salt

1 ½ cup warm water

SERVICE PROJECT: OFFERING OUR SACRIFICE

Procedure:

- Place yeast and sugar in a small bowl. Add ¼ cup warm water and whisk to mix well. Sift flour and salt on top of yeast and water to allow yeast to rise for approximately 10 minutes. Next, slowly begin mixing ingredients to form dough. Dough should be soft but not sticky. Place dough on floured surface and knead to make a smooth round ball.
- Once the dough is done being kneaded. Place it in a bowl with a towel over it a place in a warm (but not too warm) area. Allow it to rise for a half hour.
- Prepare a list of names of Orthodox Christians who you would like commemorated in the service. Use first names only. On the left side, write "Living" at the top and list the names below. On the right side, write "Departed" and write the names of departed below. Bring the list and the bread to the Church before the start of Orthros (or the day before).

SERVICE PROJECT:
OFFERING OUR SACRIFICE

ACTIVITY 3: REFLECTION

DISCUSSION GROUP

30 minutes

While the dough rises, pass out paper and pens to participants.

Give participants the following prompts and have them write down their thoughts:

***What sacrifice did you make in order to be here today?
What about that is important to you?***

After a few minutes of silent writing, ask participants to share what they wrote and facilitate a discussion using the prompts as a guide.

SERVICE PROJECT: OFFERING OUR SACRIFICE

ACTIVITY 4: KNEADING AND STAMPING THE DOUGH

10 minutes

Have each group punch out and knead the dough a bit longer. They should shape it into a smooth round ball.

Once this is done, place the dough on a floured (not greased) baking sheet. Have participants press the seal in (make sure to flour the seal). This must be done evenly and firmly.

Once this is done, use toothpicks to poke holes around the seal and around the sides of the prosforo.

Bake in 350 degree oven for approximately 45 minutes.

ACTIVITY 5: CLEAN UP

10 minutes

While the dough is baking, make sure the space is completely clean.

SERVICE PROJECT:
OFFERING OUR SACRIFICE

CONCLUSION: WRAP-UP & COMMITMENT

5 minutes

Go around the room and ask each participant to answer the following question:

- What is your personal sacrifice?

CLOSING PRAYER

In the name of the Father, and the Son, and the Holy Spirit.

O God, our God, You sent the heavenly Bread, the food for the whole world, our Lord and God Jesus Christ, as Savior, Redeemer, and Benefactor, to bless us and sanctify us. Do bless this offering and accept it upon Your heavenly altar. As a good and loving God remember those who brought it and those for whom it was brought. Keep us blameless in the celebration of Your divine Mysteries. For sanctified and glorified is Your most honorable and majestic name, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

Amen