"When [couples] lose their way, it’s because they lost their why."

(Gail Hyatt)

Take some time with your spouse to discuss the “way” of your marriage right now. Is your marriage generally life-giving, meaningful, and purposeful? Are you each and together growing in Christ? Or, are you having difficulty finding your “way” as a married couple? Whatever your response to these questions, take some time to discuss with one another your understanding of the purpose of marriage and what each of you can do to remain on the “way” or find your path back to the “why.”