

becoming ONE

nurturing your marriage



Two Are Better Than One...

"Two are better than one, because they have a good reward for their toil. For if they fall, one will lift up his fellow. But woe to him who is alone when he falls and has not another to lift him up!" (Ecc. 4:9-10)



Discuss with your spouse some of the ways in which you lift each other up and express gratitude for the support you give one another.