

becoming ONE

nurturing your marriage



*... you who are married,
when you approach your spouse; . . .
Whatever you say, whatever you think of
saying, say it only after you've said a word
or two which will give others joy, consola-
tion, a breath of life.*

—Elder Aimilianos

What beautiful words of counsel for all our relationships, beginning with our marriage! What a gift we would offer to our spouse if we began all of our conversations with words that “give joy, consolation, a breath of life!” Try this for the next few days and see how it impacts your interactions with your spouse.

