“Marriage is the key of moderation and the harmony of desires, the seal of a deep friendship...the unique drink from a fountain enclosed, inaccessible to those without. United in the flesh, one spirit, they urge each other on by the goad of their mutual love. For marriage does not remove God, but brings all closer to Him, for it is God Himself who draws us to it.”

(St. Gregory the Theologian)

Read this passage with your spouse and discuss. Particularly consider the concrete ways in which marriage has drawn you nearer to God.