

becoming ONE

nurturing your marriage



“Love is Kind” (1 Cor. 13: 4).

Taking into account the New Testament meaning of kindness as useful or well-suited (akin to acts of kindness), how is kindness manifested in your marriage as an expression of love? Reflect on and discuss with your spouse the ways in which you offer one another kind, useful words, gestures and acts daily. Then prayerfully consider and enact one additional small “kindness” you will give your spouse each day.