

## **SESSION 1 PRAYERS**

### **OPENING PRAYER** *Trisagion (Thrice Holy)*

In the name of the Father and the Son and the Holy Spirit. Amen.

Glory to You our God, glory to You!

Heavenly King, Comforter, the Spirit of Truth, present in all places and filling all things, treasury of blessings and Giver of life, come and abide in us. Cleanse us from all impurities and save our souls, gracious Lord.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3X)

Glory to the Father and the Son and the Holy Spirit, now and forever to the ages of ages. Amen.

All Holy Trinity have mercy on us. Lord, forgive our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities for Your name's sake. Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father and the Son and the Holy Spirit, now and forever, to the ages of ages. Amen.

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on Earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

For Your is the kingdom, the power and the glory of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. Amen.

### **CLOSING PRAYER**

For this reason I bow my knees before the Father, from whom every family in heaven and on earth is named, that according to the riches of His glory He may grant you to be strengthened with might through His Spirit in the inner man, and that Christ may dwell in your hearts through faith; that you, being rooted and grounded in love, may have power to comprehend with all the saints what is the width and length and height and depth, and to know the love of Christ which surpasses knowledge, that you may be filled with all the fullness of God.

Now to Him who by the power at work within us is able to do far more abundantly than all that we ask or think, to Him be glory in the church and in Christ Jesus to all generations, for ever and ever. Amen.

*- Prayer of St. Paul for the Church at Ephesus (Ephesians 3:14-21)*