



Golden Rules for the Golden Years

Resources to Help Reduce Symptom Burden and Caregiver Burnout in Older Adults

Join us on **Thursday, January 28th** from 1-2PM EST for a webinar featuring Dr. Evgenia Litrivis, board certified internist, geriatrician, and palliative care physician.

The number of older adults living with chronic, serious illness is increasing. This can be associated with physical and psychological stress in the elderly, as well as the need for caregiver support. The goals of this webinar are to provide an understanding of the following topics:

1. The beneficial role of palliative care as a medical specialty for age related illnesses
2. The role of the caregiver and strategies to reduce caregiver burnout
3. Advance directives

These topics will be discussed within the context of dementia - a leading cause of illness and need for caregiver support among older adults.

To register click: <http://bit.ly/ImQWhEs>



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